



<http://www.sernasolutionsllc.com/>

Our mailing address is:

Serna Solutions LLC

2904 Avenida Alamosa, Santa Fe, NM 87507

Get Trained in Two Evidence-Based Practices!

Motivational Interviewing (MI) and Community Reinforcement and Family Training (CRAFT) Training

BACKGROUND

In response to the national Opioid Crisis New Mexico has been awarded federal funding for various initiatives to combat this wave of addiction. One of these efforts is to provide high-quality training in two evidence-based practices (EBPs) across the state.

NM Opioid State Targeted Response (STR) Initiative in collaboration with the Children Youth and Families Department -Behavioral Health Services has sponsored training in Motivational (MI) and Community Reinforcement and Family Training (CRAFT) around the state.

These workshops are free (though space is limited) and each workshop will provide 12 CEUs to participants who successfully complete.

There will be two levels of training for each EBP, a basic and an advanced. You must have attended a Level I training in order to register for the Level II training.

The funding covers the cost of registration for participants, but it DOES NOT cover travel, lodging, meals, etc

Motivational Interviewing and CRAFT Descriptions

Motivational Interviewing

Motivational Interviewing is a thoroughly researched intervention in the field of addiction, behavioral health and medicine. A multitude of studies have reliably demonstrated that implementing this practice with proficiency and consistency will improve outcomes for consumers of behavioral health care including those with opioid use disorders (Bohnert et al. 2016 and Chang, Compton, Almeter, & Fox, 2014). Furthermore, MI has been utilized in the medical arena to increase compliance with medications. By offering this training we can improve outcomes for those struggling with opioid use, including those who are utilizing Medication Assisted Treatment (MAT). Motivational Interviewing training will be provided in three phases: 1) basic through intermediate training at 6 diverse sites; 2) advanced level to supervise and offer on-site training for their staff at 2 diverse sites; 3) 6-months of coaching (online) to proficiency to trainees.

Community Reinforcement and Family Training (CRAFT)

CRAFT is the only EBP recognized by the National Registry of Evidence-Based Programs and Practices (NREPP) to assist the family members of a substance user. Too often the families of drug users are not engaged in the recovery process and are in fact demonized and pathologized as "toxic" or "enabling". CRAFT takes a skills-based approach that empowers families to effectively influence the behavior of a person struggling with opioids. In numerous

clinical trials CRAFT has reliably demonstrated efficacy in getting resistant drug users to willingly enter treatment, reduce their use, and increase compliance with pharmacotherapy (Roozen et al. 2004). Though CRAFT has prolific evidence that it is more efficacious than conducting a Johnson Institute based “Intervention”, general mental health counseling or AI-Anon based approaches, it is vastly underutilized. CRAFT training will be provided in three phases: 1) eight core procedures at 6 diverse sites; 2) clinical supervision with fidelity and strategies of implementation at 2 diverse sites; 3) 6-months of coaching (online) to proficiency to trainees.

TWO LEVELS OF TRAINING

Motivational Interviewing (MI):

Level I: Designed to provide high-quality Motivational Interviewing basic through intermediate training to front-line clinicians and MAT prescribers around the state. There will be three opportunities to learn MI: Level I with three different workshops across the state. (12 CEUs will be provided upon successful completion)

Level II: Designed for clinical supervisors, treatment team leads and agency identified MI Champions. This will provide the rarely offered advanced level training of Motivational Interviewing, including tools to supervise and enhance proficiency. Prior MI training is a pre-requisite as verified with a completion certificate that will be required to register. Phase II graduates will be given the tools needed to supervise and offer on-site training. (12 CEUs will be provided upon successful completion)

Community Reinforcement and Family Training (CRAFT):

Level I: Designed as an introduction to this approach, will focus on skill acquisition in eight core procedures. There will be three workshops across the state.(12 CEUs will be provided upon successful completion).

Level II: Focus on clinical supervision with fidelity and strategies of implementation. There will be only one of these workshops offered in at this time. Prior CRAFT training is a pre-requisite as verified with a completion certificate. (12 CEUs will be provided upon successful completion).

REGISTRATION LINKS

[MI: Level I - Farmington](#)

Date: Feb. 28th & March 1st

Time: 9-4pm (lunch on your own from 12-1)

Venue: Pinon Hills Leadership
Center - Classroom A
5101 N. Dustin Avenue
Farmington, NM 87401

[CRAFT Level I - Gallup](#)

Date: March 20th & 21st

Time: 9-4pm both days
(lunch on your own from 12-1)

Venue: City of Gallup -
City Council Chambers
110 W Aztec Ave.
Gallup, NM 87301

[MI: Level I - Las Cruces](#)

Date: March 22nd & 23rd

Time: 9-4pm both days
(lunch on your own from 12-1)

Venue: CYFD Child Care Building,
760 N. Motel Blvd, Suite C,
Las Cruces, NM 88007
Child Care Conf. Room

[MI: Level I - ABQ](#)

Date: March 28th & 29th

Time: 9-4pm both days

(lunch on your own from 12-1)

Venue: John E. Brown Juvenile Justice Center

5100 Second St. NW

Albuquerque, NM 8710

Chama Room

[CRAFT Level I - ABQ](#)

Date: April 5th & 6th

Time: 9-4pm both days (lunch on your own from 12-1)

Venue: John E. Brown

Juvenile Justice Center

5100 Second St. NW

Albuquerque, NM 8710

Chama Room

[CRAFT Level II - ABQ](#)

Date: April 10th & 11th

Time: 9-4pm both days (lunch on your own from 12-1)

Venue: John E. Brown

Juvenile Justice Center

5100 Second St. NW

Albuquerque, NM 8710

Chama Room

[MI: Level II - ABQ](#)

Date: April 18th & 19th

Time: 9-4pm both days (lunch on your own from 12-1)

Venue: John E. Brown -

Juvenile Justice Center
5100 Second St. NW
Albuquerque, NM 8710
Chama Room

[CRAFT Level I - Las Cruces](#)

Date: April 16th & 17th

*Note that this workshop occurs after the CRAFT Supervisor Training. This means that attendees to this training will not have an opportunity for CRAFT Level II until one is scheduled in the next fiscal year.

Time: 9-4pm both days (lunch on your own from 12-1)

Venue: CYFD Child Care Building,

760 N. Motel Blvd, Suite C,
Las Cruces, NM 88007
Child Care Conf. Room

ABOUT THE TRAINER

Brian Serna, LPCC, LADAC has a BA in Psychology from New Mexico State University and an MA in Counseling from the University of New Mexico. He is an international trainer and consultant in Evidence-Based Practices (EBPs), ethics and cultural issues in behavioral healthcare.

Mr. Serna has trained clinicians in the Community Reinforcement Approach and Family Training (CRAFT) since 2001 having received his training and supervision directly from Dr. Robert J. Meyers. He is a member of the Motivational Interviewing Network of Trainers (MINT), a Motivational Interviewing Supervisor Trainer (MIST), and has evaluated programs in their use of MI techniques and strategies in working with resistant clients.

He has trained and consulted with programs in over twenty different states and five different countries. Brian is also on the faculty at Southwestern College in Santa Fe, NM and directs their Addictions and Recovery Certificate Program. His company, Serna Solutions LLC provides consultation services and direct behavioral health services to adults, adolescents and families.

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